



8 beauty breakthroughs you've never heard of

## Just Handy

UV nail dryers are like tanning beds—if you're not protected, you put your hands at risk for premature aging and skin cancer. To counteract the damage, try [YouVeeShield's heat-resistant gloves](#) that cover hands up to the nail beds. Infused with titanium dioxide, they're supposed to block out 99.9 percent of the UV light emitted from the lamps. Ask for it during your next gel mani, or if they don't have it, bring your own.

**SHOP NOW:** YouVeeShield, \$21 for 20, [youveeshield.com](http://youveeshield.com)

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